

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

SAULT STE, MARIE, ONTARIO

COURSE OUTLINE

COURSE TITLE: NURSING PRACTICE THEORY

CODE NO NUR 106 SEMESTER: ONE

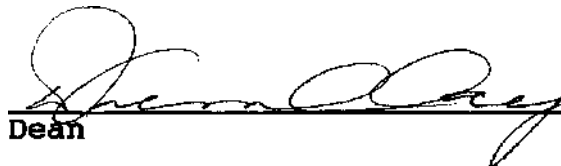
PROGRAM NURSING

AUTHOR: LINDA TOZER-JOHNSTON

DATE SEPTEMBER, 1993 PREVIOUS OUTLINE DATED: SEPT/92

New: Revision

APPROVED

  
Dean \_\_\_\_\_ Date June 17/93

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**NURSING PRACTICE THEORY**

**NUR 106**

**COURSE NAME**

**COURSE NUMBER**

**TOTAL CREDIT HOURS: 85**

**PREREQUISITES: none**

**I. PHILOSOPHY/GOALS;**

The purpose of this course is to prepare the student to use the nursing process in assisting the client to maintain and promote adaptation. Nursing is viewed within the context of the adaptation conceptual framework. This involves detailed examination of the steps in the nursing process, assessment, planning, intervention and evaluation. Emphasis is given to the theory and skills necessary for effective communication in promoting adaptation. The cognitive, affective and psychomotor domains of learning are involved throughout.

**II. STUDENT PERFORMANCE OBJECTIVES;**

Upon successful completion of this course, the student will:

1. Explain the relationship between adaptation and nursing practice in assisting clients who require support to maintain and promote adaptation.
2. Demonstrate the use of the nursing process for individuals who require support to maintain and promote adaptation.
3. Apply theory concepts and principles of interpersonal relationships in the nursing process.
4. Determine the relevance of values to nursing practice.
5. Comply with professional expectations regarding accountability.
- 6- Recognize the need for the nurse to be a continuous learner.
7. Recognize the impact of the structure and function of the health care system on current practice situations.
8. Apply knowledge of medical terminology in classroom and clinical practice.

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**III. TOPICS TO BE COVERED**

| SEMESTER 1:                                     | HOURS  |
|---|--|
| ORIENTATION                                     |  |
| UNIT 1: INTRODUCTION TO ADA]<br>NURSING PROCESS | 25   |
| UNIT 2: ACTIVITY AND REST                       | 16   |
| UNIT 3: COMMUNICATIONS                          | 10   |
| UNIT 4: TEMPERATURE                             | 2  |
| UNIT 5: PROTECTION                              | 9  |
| UNIT 6: DRUGS                                   | 5  |
| UNIT 7: MEDICAL TERMINOLOGY                     | SELF STUDY<br>includes 4 hrs. of<br>Learning Resources |
| FOUR TERM TESTS                                 |  |
|   | TOTAL 74 plus<br>4 self<br>study hours                 |

**IV. LEARNING ACTIVITIES**

**REQUIRED RESOURCES**

Details of learning activities and required resources are outlined in the individual unit objectives for NUR 106.

**V. EVALUATION METHODS: (INCLUDES ASSIGNMENTS, ATTENDANCE REQUIREMENTS, ETC.)**

Grading methods and supplemental examinations for Semester 1 beginning August 30, 1993.

|            |    |           |
|------------|----|-----------|
| . Grading: | A+ | 90 - 100% |
|            | A  | 80 - 89%  |
|            | B  | 70 - 79%  |
|            | R  | Below 70% |

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2. Mark Allocation for Semester I:

|           |             |           |
|-----------|-------------|-----------|
| Term Work | Unit Test   | 240 marks |
|           | Final Exams | 160 marks |
|           |             | 400 marks |

Final Mark  $\frac{\text{Your mark out of a possible 400}}{4}$

Tentative Test/Assignment Schedule

| <u>Test</u>       | <u>Date</u>                            | <u>Units</u>  | <u>Marks</u> |
|-------------------|--|---|--------------|
| Test #1           | Sept. 29<br>(Weeks 2,3,4)              | Adaptation<br>Nursing Process   | 40           |
| Test #2           | Oct. 20<br>(Weeks 5,6,7)               | Nursing Process<br>Health<br>Protection<br><br>Health Project<br>Assignment                                   | 60<br><br>10 |
| Test #3           | Nov. 10<br>(Weeks 8,9,10)              | Charting<br>Protection<br>Communications<br>Medical Terminology   | 65           |
| Test #4           | Dec. 1<br>(Weeks 11,12,13)             | Activity & Rest<br>Medical Terminology<br>ADL and Skin Integrity<br>Charting<br>Temperature<br>Communications | 65           |
| <b>Final Exam</b> | Week of<br>Dec. 20<br>(Weeks 14,15,16) | Activity & Rest<br>Communications<br>Drugs<br>Medical Terminology<br>Comprehensive                            | 160          |
|                   |  |   | 400 Total    |

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**3. Absence From Tests:**

- \* If a student is unable to write a test, he/she **must** notify the teacher one hour before the test. For tests written at 0830, he/she must telephone before 0900 hours. If a student fails to telephone the teacher, he/she will receive a mark of zero for that test.

Students who miss scheduled tests during the semester will not be allowed to write on another day. They will be allowed to take up the test with the other students.

**V, EVALUATION METHODS CONTINUED** , . .

If the teacher has been notified of your absence for the test according to policy, the value of the final exam mark will be adjusted. The weight of the final exam will be increased to incorporate the marks assigned to the test missed.

Example:

- 1) student is sick and notifies teacher before test #2 (worth 40 marks)
- 2) student does not write test # 2 on another day
- 3) this student's final exam mark will not be adjusted to be worth 190 marks - 150 + 40 (test 2)
- 4) if the student had an average of 77% on the final exam (115 correct out of 150), the marks for the final exam would now be 77% of 190 = 146.

**4. Attendance;**

Excellent attendance will be taken into consideration for borderline marks.

**5. Supplemental Exaiainations;**

A supplemental examination may be offered in this course at the discretion of the teacher and the Dean, subject to the following criteria:

- i) A student must write at least 3 out of 5 term tests,
- ii) A student must have achieved a passing grade (70%) on at least 2 term tests and 60% on the final examination,
- iii) The entire semester's course material will be tested,
- iv) The multiple choice format will not necessarily be used in the supplemental examination.
- v) The final grade for the semester will be based solely on the supplemental examination ie. the term mark will not be averaged in with this examination mark. The grade achieved will not be higher than a B.
- vi) A student may not attempt the supplemental examination more than once.

VI. REQUIRED STUDENT RESOURCES;NUR 106 & NUR 114

- Cameron, M.C., Decou, M.L. Health Workbook, May-June, 1992 (revised).
- Cameron, M.C., Decou, M.L. Regulation of Temperature Workbook, May-June, 1992 (revised).
- Cameron, M.C., Decou, M.L., Hobbs, V., Lewis, E., Price, M., and Warnock, B. The Nursing Process Workbook, May-June, 1992 (revised).
- Cameron, M.C., Decou, M.L., Hobbs, V., Lewis, E., Price, M., and Warnock, B. Roy's Adaptation Model, May-June, 1992 (revised).
- Ford, R. Diagnostic Tests Handbook, newest edition, Springhouse Book Company, Springhouse, Pennsylvania, 1990.
- Kozier, B. and Erb, G.L. Fundamentals of Nursing - Concepts Process and Practice, 4th edition, Addison-Wesley Publications, Menlo Park, California, 1991.
- Marks, M. Drug Administration Workbook, 1990.
- Marks, M. Adaptation Through Protection Workbook, 1990.
- Martin, Lil and Reeder, S.J. Essentials of Maternity Nursing, J.P. Lippincott, Toronto, 1991.
- McKendry, L.M. and Salerno, E. Mosby's Pharmacology in Nursing, 18th edition, C.V. Mosby Co. Toronto, 1992.
- Miller & Keane. Encyclopedia and Dictionary of Medicine, Nursing and Allied Health, 5th edition, W.B. Saunders Co. (economy version), 1992.
- Payne, W.A. and Hahn, D.B. Understanding Your Health, 3rd edition, Mosby-Year Book Inc., Toronto, 1992.
- Smith, G. and Davis, P. Medical Terminology - A Programmed Text, 6th edition, John Wiley & Sons, Inc., Toronto, 1991.

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**VI- REQUIRED STUDENT RESOURCES (continued):**

Sparks, S.M. and Taylor, CM- Nursing Diagnosis Reference Manual, 2nd edition, Springhouse Co., 1993.

Varcarolis, E. Foundations of Psychiatric Mental Health Nursing, W.B. Saunders Company, Toronto, 1990.

Whaley, L.F. and Wong, D.L. Essentials of Pediatric Nursing, 3rd edition, C.V. Mosby Co., Toronto, 1989.

**VII. ADDITIONAL RESOURCE MATERIALS AVAILABLE IN THE COLLEGE LIBRARY BOOK SECTION; (title, publisher, edition, date, library call number if applicable)**

**VIII. SPECIAL NOTES;**

Students with special needs (eg: physical limitations, visual and/or hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the teacher.

**Your teacher reserves the right to modify the course as he/she deems necessary to meet the needs of students.**